



# Mindful Coupling

## Relationship Workshop

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**MALE / FEMALE  
DIFFERENCES  
AND HOW TO  
BRIDGE THE GAP**

**A workshop for couples and singles of all ages!**

Learn to understand and appreciate the differences between the sexes. The workshop will focus on ways to help navigate the unique ways that men and women deal with conflict. There will be specific tools shared on how to reach solutions together.

**WHEN**

July 30, 2016 | 10:00 to 11:30 am

**WHERE**

THE KITCHEN at PHbotanicals®  
539 S. Pineapple Avenue, Sarasota, FL 34236

**COST**

\$15 per person

Facilitated by Kregg Nance, MA | Family Mediator | [SolutionsForCouples.com](http://SolutionsForCouples.com)

**RSVP**

Please call to  
reserve your spot  
(941) 444-7180



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